



MEGAN NYGAARD

SOCIAL MEDIA COORDINATOR

Megan Nygaard is the Social Media Coordinator at Capture, where she manages social media accounts for several of Capture's clients.

During her time in college, Megan held six different internship positions in various industries including financial services, sports, higher education, non-profit, and B2B. Prior to joining Capture, Megan interned at Baird for a year where she grew her skills in organic social media, analytical insights, graphic design, social media strategy, and content creation. She also interned for a junior league hockey team, the Milwaukee Power, for a season where she oversaw the social media strategy and channels as well as content creation for game days, sponsorships, and player highlights.

Megan earned her degree from the University of Wisconsin – Milwaukee, where she was actively involved on campus. She is an alumni Brother of Delta Sigma Pi – Xi Chi, a co-ed international business fraternity. During her time as a collegiate Brother, Megan held several executive board positions and was an integral part of the Xi Chi chapter winning the R. Nelson Mitchell Outstanding Collegiate Chapter National Award.

Outside of work, you can find Megan listening to Taylor Swift, learning French, watching women's soccer, traveling, working out, going to beer gardens, and hanging out with her friends and family.

